

HEALTHY WOMAN™

A FORREST CITY MEDICAL CENTER RESOURCE

ARE YOU READY FOR A GIRLS' NIGHT OUT?

THURSDAY, OCTOBER 7
EACC FINE ARTS CENTER

4:30 – 6 PM: FREE WOMEN'S COMMUNITY AND HEALTH INFORMATION FAIR
HEALTH INFORMATION, PARTNER EXHIBITS, GIVEAWAYS

6 PM: DINNER, SPEAKER, DOOR PRIZES (\$10/PERSON AND \$5/AGE 65+)
SEATED DINNER, NATIONAL SPEAKER, DOOR PRIZES

Dinner seating is limited, so reserve your space by September 30.
Call 261-0444 or visit www.ForrestCityMedical.com and click on Healthy Woman.

Mail check made payable to:
Forrest City Medical Center, Healthy Woman
1601 Newcastle Road, Forrest City, AR 72336

Sign up for a free membership even if you are unable to attend the event.
Exciting partnership opportunities available – call for details!

National Speaker

Dale Smith Thomas



Dale Smith Thomas is an unapologetic optimist and a woman whose passion for making a difference is stamped on every page of her life. Her direct and powerful message has challenged and inspired hundreds of thousands of people around the world to make winning choices in every area of their life.

She is the president and founder of Winners By Choice, Inc. but you may recognize her from one of her many national television appearances. Because of her message and her work, she has been a featured guest on The Dr. Phil Show, The Big Idea on CNBC, CMT and she was featured on a documentary on The Travel Channel. She even hosted two of Hollywood's most famous in her home, Paris Hilton and Nicole Richie.

Dale has been inspiring audiences around the world for the past 17 years. Her clients have included Million Dollar Roundtable, McDonald's, Allstate, Northwestern Mutual, The Miss Universe Organization owned by Donald Trump, Turner Broadcasting, Hilton, Sprint and many more. From her rural upbringing in North Mississippi to stages around the world, Dale's message continues to Empower, Enlighten and Educate.